

EAGLES' NEST



DECEMBER 2023 - MARCH 2024
CREATED BY THE EMPS NEWSPAPER
CLUB

TABLE OF CONTENTS:

- WELCOME BACK - MIA P.
- WINTER CONCERT - AAIZA K.
- NEW YEAR'S DAY - SOFIA V. & GURNEET K.
- TAMIL HERITAGE MONTH - LIA J. & MIA P.
- LUNAR NEW YEAR - KYLIE L.
- VALENTINE'S DAY ♡ - SOFIA V. & GURNEET K.
- INTERMEDIATE SPEECHES - AVA O., ISHA P., & VIVIKKA K.
- SCIENTISTS IN SCHOOL GR.4 & GR.6 - SOFIA V.
- ASH WEDNESDAY - MILA B. & VIVIKKA K.
- BELL LET'S TALK DAY - EMMA I.
- WORLD CANCER DAY - MIA P.
- GAMING PANEL - TIMUR A.
- GROUNDHOG DAY - EMMA I.
- LA JOURNÉE DE LA FAMILLE - FAREEHA K. & JENNA K.
- LA JOURNÉE DU CHANDAIL ROSE - FAREEHA K.
- BLACK HISTORY MONTH - VIVIKKA K. & FAREEHA K.
- WORLD HIJAB DAY - FAREEHA K.
- JUNIOR VOLLEYBALL - MILA B.
- INTERMEDIATE BASKETBALL - MILA B.
- FOIRE ÉCO - JENNA K., AVA O., & ISHA P.
- STRETCH YOUR BRAIN - KYLIE L. & NIA R.
- FUN CORNER - EMMA I. & AAIZA K.

WELCOME BACK!

BY: MIA P.

It's 2024, so it's time for a new edition! That's right, the Eagles' Nest Newspaper is back with more articles, games, and talent for you! The last edition was great, with submissions for all our contests, and many great articles. The team is back for more information, fun, and challenges again! The EMPS newspaper team is ready to hit you with some compelling writing with topics from December to March.

We hope you enjoy it!



WINTER CONCERT

BY: AAIZA K.

The winter concert was held on December 13 and 14 and it was amazing! It was divided into 2 parts, the primary classes singing and the musical performances. For the first half, we had 8 classes sing us winter songs in French and English. For the second half, we had musical performances like the junior band, the intermediate band, and the graduation band. We also had performances from smaller bands like the Bickerers and the Backseat Boys. The junior band performed 2 songs for us, a very upbeat musical piece. The intermediate band performed *Spirit Of The Wolf* composed by Robert Buckley and *Sleigh Ride* which was more festive. The graduation band performed *Jingle Bell Rock*. The Backseat Boys performed *I Want It That Way* and the Bickerers performed *Washing Machine Heart*. The winter concert was full of musical performances from our school and it was amazing to see how much talent everybody has. We can't wait to see what comes next from E.M.P.S!



New Year's Day

By: Gurneet K. & Sofia V.

January 1st is the first day of the year, also known as New Year's Day. Why do we celebrate New Year's Day? New Year's Day symbolizes the beginning of a new year and a fresh start. The celebration originates from an ancient Roman custom, the feast of the Roman God Janus. People often celebrate the New Year by throwing parties or going to parties and counting down to midnight. December 31st is known as New Year's Eve or the last day of the year and this is when people celebrate and get ready to ring in the New Year. Another New Year tradition is to make resolutions. A resolution is when you decide to take on a challenge or make a change in your routines or behaviour. These challenges often consist of giving up or adding something to your daily routines or habits. The New Year can be very exciting and we hope you all had lots of fun celebrating. Enjoy 2024 and Happy New Year!

HAPPY NEW YEAR
2024

TAMIL HERITAGE MONTH

BY: LIA J. & MIA P.

What begins on the first of January? Do you know? It is the start of **Tamil Heritage Month**! What is Tamil Heritage Month and how does our school contribute to it?

Tamils make up most of **Southern India** and **Sri Lanka**, with many practising **Hinduism**. Hindus believe in many gods and goddesses, an example being Lord Krishna.

Our school makes many contributions to Tamil Heritage Month. Throughout the month of January, every morning on the announcements our school gives information about Tamils and their accomplishments.

Fun Fact:

Did you know that Tamil is the **oldest language in the world**?

It is over **5,000 years old**, making its first appearance in **3,000 BC**.



LUNAR NEW YEAR

BY: KYLIE L.

The Lunar New Year is an international celebration celebrated by many around the globe. Vietnam, Korea, China, India, Malaysia, and Singapore are only a few of the many countries who celebrate Lunar New Year. This year, the Lunar New Year was celebrated on February 10th. This event is usually celebrated with friends and family with traditional outfits, lion dancing and even parades! Some people stay up late at night to welcome the New Year. People do this by preparing feasts and praying to the gods for a good new year. Others can pray for good health, good marks in school, and more. The difference between the Lunar New Year and the New Year is that the Lunar New Year welcomes the New Year based on the Lunar Calendar. The calendar that we use is the Gregorian calendar which celebrates the New Year on January 1st. Each year is a different Chinese Zodiac Animal, and since there are twelve animals, every twelve years the Chinese Zodiac Animals repeat. So for example, if 2024 is the year of the dragon, in twelve years from now, in 2036, it will also be the year of the dragon. Some people refer to this celebration as the Chinese New Year, but that is considered disrespectful towards other people, because not only Chinese people celebrate. Now that you know this, the next time somebody says "Chinese New Year," remind them and explain that others may take offence.

Happy Lunar New Year Elder's Mills!



Valentine's Day

By : Gurneet K. & Sofia V.

Like every year, Valentine's day took place on February 14th. At school, many kids celebrate Valentine's Day by giving out little cards and sweet treats to their friends and classmates. Some people give their friends and family chocolates and flowers. Valentine's Day is a celebration of love and friendship, but where does it originate from? This day of celebration has Christian origins, specifically as a feast day in honour of Saint Valentine, a Christian martyr. This day has become a significant cultural, religious, and commercial celebration of romance, love, and friendship in many regions of the world. We hope you all had an amazing Valentine's Day!

Intermediate speeches

By: Ava O., Isha P., & Vivikka K.



Every year our EMPS intermediate students write speeches and some are selected to present their speech in the gym. Each participant worked very hard for this event. Our school winners, Neha in grade 7 and Rosie in grade 8, were able to represent EMPS in the Regional Speech Competition.



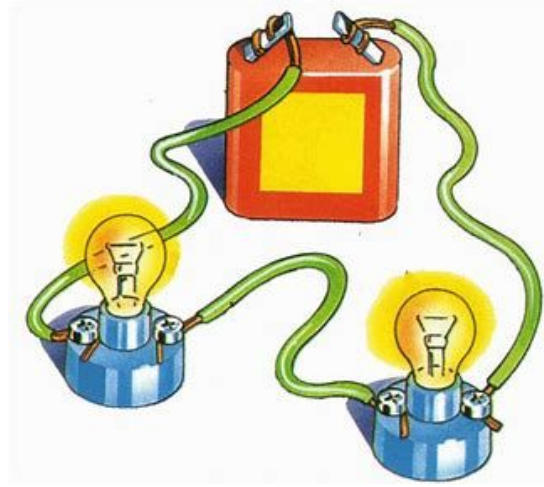
We're really proud of their hard work and participation. Rosie got second place in the Regional Speech Competition and Neha placed 5th. The two girls did an amazing job representing our school this year!



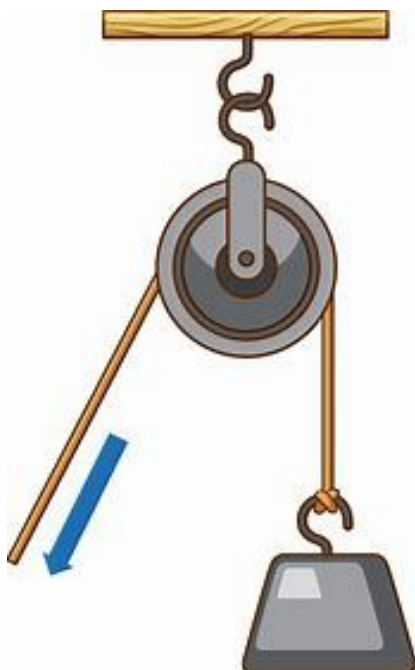
SCIENTISTS IN SCHOOL

BY: SOFIA V.

On Monday, February 26th, our grade 6 classes were visited by Scientists in School. During the time that our grade 6's spent with Scientist Tyler, they explored the extraordinary properties of electricity and its use. Using the materials given to them by Scientist Tyler, students were asked to perform different experiments. A lot was learned and the grade 6's enjoyed themselves.



On February 26 and 27, the grade 4 classes also participated in Scientists in School. The program in which they participated was called *Get it in Gear!* The students and Scientist Sonia had a good time investigating simple machines and discovered where we use levers, gears and pulleys in everyday life. The grade 4's also learned a great deal and had fun with in their workshop.

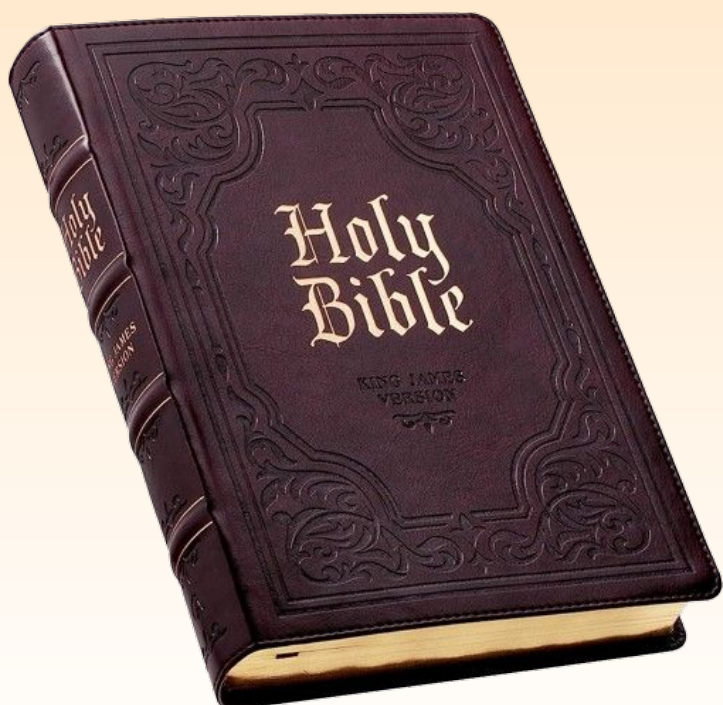


ASH WEDNESDAY

BY: MILA B. & VIVIKKA K.

Ash Wednesday is a celebration celebrated by Western Christians. Many people celebrate Ash Wednesday by confessing their sins and giving their lives to God. During Mass, ashes are placed on the heads of the individuals who have prayed.

At home, people get together with family and friends and have delicious food and drinks like wine, the Body of Christ, and at the end of the day celebrate with a festival. This signifies, celebrates, and contemplates the ash cross etched on their forehead.



BELL LET'S TALK DAY

BY: EMMA I.

Bell Let's Talk Day is a day to think and talk about our mental health. It was first created by an internet provider called Bell in 2010. Various charities can apply for a grant of up to \$25,000 at <https://letstalk.bell.ca/>. Bell has already given 25 million dollars to over 1,000 programs and organizations specializing in mental health. Examples of organizations who have received such grants include The Department of Psychiatry at St. Mary's Hospital Centre, receiving well over the grant maximum of \$300,000. Bell has supported many different communities such as the BIPOC community and many Canadian colleges and universities.



Bell
Let's Talk



WORLD CANCER DAY

BY: MIA P.

On February 4th, **World Cancer Day** is acknowledged around the world.

Cancer is a disease that can start in any **organ** or part of your body. **Abnormal cells** will start to grow uncontrollably, and can start to spread fast. There are now more than **200** different types of cancer. There are 5 main types of cancer: carcinoma, sarcoma, melanoma, lymphoma, and leukemia. To treat cancer at this moment we must use **chemotherapy**. One very common effect in most is **hair loss**. Many people shave their hair with a family member or friend as losing hair is very hard.

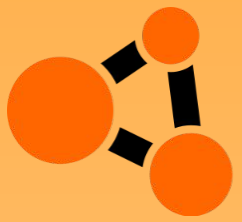
On World Cancer Day, the World Cancer Day organization plans hundreds of activities all around the globe. Many schools, parks, hospitals, businesses, and more have information gatherings to help explain cancer, and how we can stop the horrible **disease**.

World Cancer Day is not only a day to create **awareness** about cancer. Our school participates in the **Terry Fox** run, which gives a lot of awareness surrounding cancer activists.

Many families have personal stories with cancer, and World Cancer Day helps families, individuals, and communities be informed, inspired to help, and make sure they don't feel alone.



GAMING PANEL

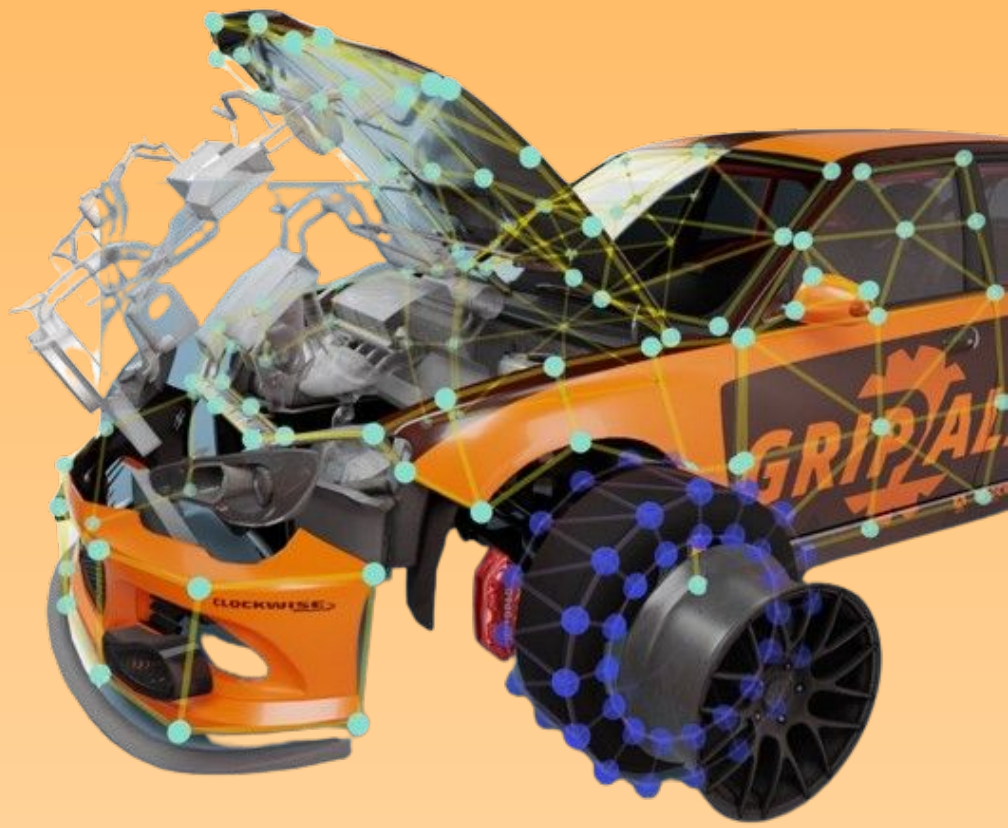


BeamNG.*drive*

By: Timur A.

Physics

BeamNG is a physics engine that has the most detailed and authentic vehicle simulation you've ever seen in a game. Every component of a vehicle is simulated in real-time using nodes (mass points) and beams (springs). Car crashes feel natural, as the game uses an incredibly accurate damage model.



Vehicles

BeamNG.drive offers dozens of polished, completely customizable vehicles to experiment with. Whether it's a compact car or massive truck, you can edit all the moving parts to create just about any driving experience that you want. Wheels, suspension, engines, and more; nothing is stopping you from making the world's fastest (or slowest) car.

Environments



There's plenty to discover while driving. Featuring 12 huge, beautiful open-world environments, the terrain feels vast and diverse. Travel through tropical jungle passages, barren deserts, urban roadways, packed highways, and much more.

GROUNDHOG DAY

BY : EMMA I.



On Groundhog Day, 4 groundhogs, spanning across 3 Canadian provinces and 1 U.S. state, Ontario's Wiarton Willie, Nova Scotia's Shubenacadie Sam, Quebec's Fred la Marmotte, and Pennsylvania's Punxsutawney Phil are all tasked with figuring out whether we will have an early spring or 6 more weeks of winter. On February 2nd, if a groundhog sees its shadow, we will have 6 more weeks of winter, If it doesn't see its shadow, we will have an early spring. This year, all 4 groundhogs seem to have come to the same conclusion: we will have an early spring. The weather has been all over the place this year. One week, it snowed a lot, the next you barely needed a coat, and the week after that, it was pouring. Seems like even though the groundhogs made a unanimous decision, the weather just wants to wreak havoc.



LA JOURNÉE DE LA FAMILLE

PAR: FAREEHA K. AND JENNA K.

Le 19 février, on a célébré le Jour de la Famille. En Ontario, on profite de cette journée et on passe plus de temps avec nos familles. C'est l'occasion de renforcer nos relations avec nos familles. Le jour de la Famille, nous créons des souvenirs que nous chérirons pendant plusieurs années. La Journée de la Famille est célébrée pour resserrer les liens et rassembler les membres de la famille ; elle met l'accent sur l'importance de la famille. Les gens passent du temps en regardant un film classique au cinéma, en préparant un dîner, en organisant une soirée de jeux en famille, en planifiant une sortie en famille, en cuisinant ensemble, en visitant des parcs ou en faisant un feu de camp dans le jardin.



La Journée Du Chandail Rose

Par : Fareeha K.

Cette année, la Journée du Chandail Rose est célébrée le 28 février. Ce jour-là, tout le monde est invité à porter un chandail rose pour montrer que nous pouvons tous travailler ensemble pour éviter les intimidations partout dans le monde. La Journée du Chandail Rose a commencé en 2007, lorsqu'un élève de Nouvelle-Écosse a été intimidée parce qu'il portait un chandail rose à l'école. Depuis, cette journée est reconnue chaque année dans le monde entier comme une journée où tout le monde porte leur chandail rose. La Journée du Chandail Rose est une journée quand on montre qu'on est contre les intimidations et un rappel qu'elles ne sont jamais tolérées.



Black History Month

By: Vivikka K. and Fareeha K.

Black History Month is a month dedicated to celebrating and reflecting on all the contributions that Black community has done all throughout History.



During the month of February, our classes have been conducting research projects, watching black history movies and reading books about exceptional black people who created a change in the world. Students shared their learning every day during the morning announcements.



Jeff A.D Martin came to our school and did a wonderful presentation . He taught us the importance of accepting each other and that if we want to change the world we can start with our very own world. Jeff A.D Martin is a police officer, activist, motivator and works in the law institut. Additionally, students worked together to present their projects on exceptional achievements of black people.



World Hijab Day

By: Fareeha K.

World Hijab Day is on February 1st. World Hijab Day is a day to encourage women of all religions and backgrounds to take a moment and raise awareness on why the hijab is worn. World Hijab Day surrounds the importance of promoting and protecting the rights of all individuals. Including their right to freedom of thought, conscience, and religion or belief. World Hijab Day intends to increase the understanding and significance of all faiths and backgrounds.

**WORLD
HIJAB
DAY**



JUNIOR VOLLEYBALL

BY: MILA B.

Junior Volleyball was a spectacular event for our junior volleyball teams. Both teams were coached by Mr. Petrili and Mr. Childs. Days 1, 3, and 5 were the girls' practices and the boys were practicing on days 2 and 4. As these grade 4, 5, and 6 students persevered through practices, the girls' team placed 4th in areas, while the boys placed 2nd and still waiting for results from regionals. They are happy to know that the whole school is so proud of them and they truly deserve a round of applause, including the coaches, Mr. Childs and Mr. Petrili.



INTERMEDIATE BASKETBALL

BY: MILA B.

Intermediate basketball was a spectacular event for our intermediate basketball teams coached by Mr. Kakar and Mme. Barry. Both teams, girls and boys went to Pierre Berton for the first tournament. Days 1, 3 and 5 were the girls' practices and boys were practicing on days 2 and 4. As these grade 6, 7 and 8 students persevered through practices, they are happy to know that the whole school is so proud of them and they truly deserve a round of applause, including the coaches, Mr. Kakar and Mme. Barry.

Intermediate Girls Basketball Team placed first in Area and Regionals and they competed in the Elite 8!

Congratulations!

FOIRE ÉCO

JENNA, AVA, AND ISHA

Chaque année, les élèves de la 6e à la 8e année ont l'opportunité à participer dans la Foire Éco. Cette année, les gagnants de chaque classe ont présenté leur projets remarquables dans le gymnase. Le 23 mars, les finalistes vont représenter notre école à *City Hall* pendant *Earth Hour*.





LES FINALISTES POUR LA FOIRE ÉCO

- 6F-2: Patricia, Gurneet, Kylie, Nia
- 6F-2: Richard, Mila, Eric, Sonya
- 7F-1: Ferial
- 8F-1: Rayyan, Anthony, Tristan, Vincent
- 8F-1: Alyssa, Daniel, Gurveer
- 8F-3: Rosie, Gabriella, Eleazar, Henri
- 8F-3: Anna, Deniz, Siddant, Josiah

Félicitations !



STRETCH YOUR BRAIN

BY : KYLIE AND NIA

Les Primaires

Tu peux terminer ces questions mathématiques sur un papier séparé. **(Tu peux aussi demander à ton enseignant(e) de faire les photocopies. Tu peux aussi venir à la salle de 206 pour des copies extras.)** Quand tu as fini, à côté de la question, il y a une lettre. Remplis les carrés avec la lettre correcte. Ça va révéler un message. Place ton travail au bureau, dans la boîte sur la table devant de bureau qui dit "Sudoku et Codes". Si c'est correct, tu vas avoir un shout-out pendant les annonces!

$$\begin{aligned} E &= 6 \times 2 = \\ S &= 3 + 10 = \\ B &= 6 + 8 = \\ N &= 19 - 10 = \\ G &= 1 + 5 = \\ L &= 7 + 9 = \\ F &= 2 + 3 = \\ U &= 8 \times 1 = \end{aligned}$$

$$\begin{aligned} T &= 3 - 1 = \\ H &= 9 - 6 = \\ V &= 2 \times 2 = \\ P &= 8 + 9 = \\ O &= 17 - 2 = \\ R &= 9 + 9 = \\ Y &= 6 - 5 = \\ I &= 9 + 2 = \end{aligned}$$

12	4	12	18	1	2	3	11	9	6

		13	17	15	13	13	11	14	16	12

11	5	1	15	8	2	18	1	

STRETCH YOUR BRAIN

BY : KYLIE AND NIA

Les Juniors et Intermediaries

Tu peux terminer cette sudoku sur un papier séparé. **(Tu peux aussi demander à ton enseignant(e) de faire les photocopies. Tu peux aussi venir à la salle de 206 pour des copies extra)**. Place ton travail au bureau, dans la boîte sur la table devant de bureau qui dit "Sudoku et Codes". Si c'est correct, tu vas avoir un shout-out pendant les annonces.

8								
		3	6					
	7			9		2		
	5				7			
				4	5	7		
			1				3	
		1					6	8
		8	5				1	
	9					4		

FUN CORNER

BY : EMMA AND AAIZA

Here are some riddles:

What can you make but not see?

What can run but never walk ?

What is easy to lift but hard to throw ?

What has 13 hearts ?

Ice Cream Flavors

C	A	S	A	H	O	K	E	Y	P	O	K	E	Y
O	T	E	T	N	U	T	A	E	E	I	C	S	T
T	B	C	C	R	T	C	O	O	C	A	N	K	A
T	U	O	H	A	A	U	E	T	A	R	S	C	Y
O	N	O	O	E	T	W	A	A	N	U	L	A	C
N	E	K	C	T	U	O	B	T	C	I	N	R	V
C	O	I	O	N	E	O	T	E	A	T	L	T	A
A	P	E	L	E	A	R	O	T	R	Y	R	E	N
N	O	D	A	E	C	E	R	A	C	R	O	S	I
D	L	O	T	R	E	E	S	E	S	T	Y	O	L
Y	I	U	E	G	G	F	U	D	G	E	W	O	L
U	T	G	S	I	A	N	A	N	A	B	E	M	A
E	A	H	T	U	N	O	C	O	C	I	A	O	N
L	N	N	N	T	D	A	O	R	Y	K	C	O	R

- COCONUT
- STRAWBERRY
- VANILLA
- FUDGE
- ROCKY ROAD
- COOKIE DOUGH
- NEOPOLITAN
- COTTON CANDY
- HOCKEY POKEY
- CHOCOLATE
- MOOSE TRACKS
- GREEN TEA
- TIGER TAIL
- PECAN
- REESES
- BANANA

Across:

- 2. A feline furry animal
- 4. The ability to understand and share the feelings of another
- 5. A small brown bird known for chirping

Down:

- 1. A large, four-legged animal that is often used for transportation
- 3. Existing or available in large quantities

- ANSWERS:**
- 1. Noise
 - 2. A river
 - 3. A feather
 - 4. A deck of cards